

Carson City Health and Human Services
Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease

Thursday, January 18, 2018

New Staff - None

Other Health Department News

The Community Health Improvement Plan (CHIP) committee is meeting January 31, 2018 to discuss the Community Health Needs Assessment and future development of the CHIP.

Staffing Matrix for Chronic Disease from State of Nevada Department of Public and Behavioral Health

- 50% of 1 FTE (Public Health Nurse) - Tobacco Core Funding
- 30% of 1 FTE (Public Health Nurse) - FHN Funds
- 5 % of 1 FTE (Public Health Nurse) – SAPTA Tobacco Funding
- Diabetes Funding – \$11,000/year (MOU from Dignity Health – Through DPBH) Part Time Public Health Nurse

Programming

Diabetes Prevention and Control Program

- There has been limited work completed on diabetes prevention this quarter. Providers did not have time to meet due to increase volume of patient appointments at end of year.
- Staff attended educational opportunities as well as marketing of diabetes:
 - November 15: Attended State Heart and Stroke Strategic Planning to represent Diabetes risk with heart and stroke
 - December 11: Attended State of Nevada Diabetes Webinar
 - December 12: Attended ASTHO Webinar – Strengthening State Systems to Improve Diabetes Management and Outcomes
- In addition to attending educational seminars/webinars, Community Diabetes Education and Outreach was conducted:
 - November 8: Published Diabetes article in Nevada Appeal for Diabetes Awareness Month, which included listings for referral sources.
 - November 9: Educated radio station 99.1 FM employee on Diabetes Awareness and data pertaining to Nevada. Addressed referral sources to certified programs.

Tobacco Prevention and Control Program

- WNC has approved and posted new policy for 100% tobacco free campus. College Council met on Oct. 11, 2017 with 9 voting meetings. 5 yays and 4 nays.
- Tobacco Merchant Training: Partnership with the State and others has begun with looking at development of Nevada State Tobacco Merchant training for carding of sales of tobacco. Review of other states plans and FDA toolkit has been assessed.
- Chantix pharmaceutical had a corporate committee meeting and discussed partnering with public health to access provider training together. It was denied. However, the company has reached out to partners with public health engagement to assist in education and legislative efforts. In person meeting with Pfizer representative occurred in December to set out some opportunities and priorities for this partnership.



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- Nevada Tobacco Prevention Coalition: Strategic Planning session completed and draft plan is up for review by members. The partners also met following day of session to work on 5 year State Tobacco Strategic plan.
- Continued work with Carson Tahoe Health System to work on direct referrals in the electronic record system to Nevada Quitline (National Jewish Health Hospital). This electronic system upgrade would create a pop-up alert to staff when smoking assessment completed to refer patient to the Quitline for cessation. This referral system will utilize the connection of the Nevada Health Information Exchange. Cost to complete this project for each of their EHR systems \$9,000.00 per system.
- Smoke-free Carson City efforts continue with collaboration with the Carson City Parks and Rec. Dept. to create smoke free parks and discuss possible ordinance in Carson City. These efforts are also part of a Regional effort for Northern Nevada which includes Washoe County, City of Reno, and City of Sparks
- Survey of tenants of a large Section 8 Multi Unit Housing complex was completed. Results were presented to manager and regional director. They verbally committed to move forward with development of Smoke free policy. Smoke free toolkit for owners and managers has been completely updated and ready for print.
- Completed assessment of large employers in Carson City regarding smoke free policies in place of interest of developing polices. Of the 19 assessed, only 4 have some sort of policy, most of the policies are for designated areas.

Other Programming within the Health Department Assisting With Chronic Diseases

Comprehensive Cancer Control Program

- Pap smears and breast exams are performed at our Title X clinic Monday – Wednesday and Friday. When indicated, colposcopies are performed in our Carson City clinic.

Community Health Worker (CHW) Program

- The CHW program within the CCHHS Human Services Division continues to be successful. The CHW is funded part time with our CSBG grant to work with CCHHS' clients that have medical/social needs.
- The CHW is on the Carson City's FASTT program team and goes into the jail every Tuesday. The CHW inputs data into the CMIS system and follows up with individuals released to help them get their medical and social needs met.
- This Community Health Worker also works with Tobacco Merchant Education (see above).

Heart and Stroke Prevention and Control

- Attended the Strategic Planning session in Las Vegas on November 15th.
- Initial planning was completed and a revised plan submitted for review in the middle of December.

